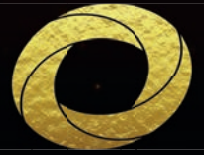


CAHN
Caribbean & African Health Network



6th ANNUAL AWARDS & BLACK HISTORY MONTH *Fundraising Gala 2023*

Improving health for Black people

Saturday 28th October 2023 | 18.00 - late



Lancashire Cricket Club
The Point, Talbot Road, Manchester, M16 0PX

CONTENTS PAGE

Message from the Chair	1
Message from the Chief Executive	2
Our Patrons	3
About CAHN	5
Event Schedule	6
Nominees	7
Comperés/Artists	8
Fundraising - Advocacy Service	10
Raffle and Auction Prizes	11
Adverts and Campaigns	15

Message from Chair



We are delighted to welcome you this year for the sixth instalment of the Caribbean & African health Networks (CAHN) Annual Awards and Black History Month Gala. All year around, CAHN's has a targeted approach to enhancing the holistic health and wellbeing of the Black community. For CAHN this means we also recognise that October is the month set aside for the country to render particular attention to the accomplishments and pioneering contributions of Black people to the fabric of British society and as such, we join in wholeheartedly with these celebrations.

We have a popular saying at CAHN: people are our greatest assets. This counts as much for the staff team as it does for our countless volunteers; our patrons; our partners; and the various leaders and stakeholders across the country who collaborate with us as we seek to reduce health inequalities facing Black people, within a generation.

CAHN's exponential advancement in just the last six years would not have been possible without you – and I therefore want to take this unique opportunity to thank you for all you have done.

Our thanks must also go to our community, who, in attending our sessions and sharing them with their wider networks, are helping to ameliorate health literacy in the Black community. A particular case in point is the London inspire Programme (a project of the Legacy Health Equity Partnership) which is working across the 32 boroughs of London and the 5 Intergrated Care Systems to deliver targeted health interventions for Black Londoners.

CAHN recognises the importance of community – and as such, we work closely with other organisations, community groups and faith networks to advance our mission. It is only right therefore, that some of these community groups will be honoured in tonight's awards ceremony. Our hope is that you are able to absorb this same spirit of solidarity as you enjoy the gala this evening.

This leaves me to say thank you to all that have contributed to make tonight happen. On behalf of the board and staff, I want to say thank you to our sponsors, all of those that have donated raffle and auction gifts, a special thank you to our volunteers and to all our entertainers and hosts.

Last but not least, thank you for coming to support this gala evening, we are grateful for the continued support of our community, friends families and much more.

We wish you a pleasurable and an unforgettable evening!

Dr. Faye Ruddock DL

Chair of CAHN (on behalf of the Board of Directors)

Message from the Chief Executive, Rev Canon Charles Kwaku-Odoi DL MFPH



It has been and continues to be a joy to witness the growing impact of CAHN, which has spread beyond Greater Manchester to become meaningful on a national scale. Our work is amassing the interest of various community and statutory bodies, leading to a substantial uptake in the engagement level of Caribbean and African communities across the UK with our sessions, services and resources.

A snapshot of CAHN's work over the last year...

We are privileged to work with several Black healthcare professionals, who give up their time to offer their expert insight to members of our community via weekly online sessions. Our **CATHIP (Caribbean and African Targeted Health Improvement Programme) Health Hours** on Saturday mornings have covered a variety of topics since they began in May 2020, and drawn in more than 32,000 people in live audience figures to date. Topics explored this year include recognising diverse skin conditions on black skin; sickle cell anaemia awareness; fibroids; perinatal mental health; and post-traumatic stress disorder (PTSD) in children. In delivering these sessions and collaborating with our partners to meet strategic objectives, we have been able to meet our key objectives of educating, supporting, and advocating for our communities.

Our model of working in partnership with faith networks and community groups, enhancing existing grassroots organisations rather than duplicating their efforts, has proven to be particularly transformative. Now into our sixth year, we are continuing to motivate people of Caribbean and African descent across the country to take effective preventative measures. We have been undertaking **free health screening, vaccinations, advice and much more** which assists in the identification of any emerging health conditions that we are more likely to be faced with. Going into churches, community centres, youth centres and other places where members of our community gather, our incredible volunteer nurses have screened more than 4,000 people in the last few years helping to reduce the risk of strokes and other health problems.

This year we have begun working towards our ambition to create an **All-Party Parliamentary Group on Black Health**. So far, we have acquired the interest of six Black MPs and three members of the House of Lords to address health issues across several health indicators, including COVID-19 and heart disease.

We are also developing the **Health Inequalities and Disparities Endowment (HIDE) Fund**, which will enable us to both invest in CAHN's development and other Black-led organisations committed to eradicating health disparities faced by the Black community.

Tonight, our fundraising efforts are focused on **CAHN's family and advocacy services**. The continuing cost-of-living crisis has multiplied the incidence of mental health crises, domestic abuse and family breakdown in our Caribbean and African communities. CAHN has been inundated with referrals to our free counselling service, and the number of those impacted by modern slavery, sexual abuse, poor housing and immigration struggles is on the rise. In being here today, you are helping us to support people like these who need us to advocate on their behalf. We appreciate your generosity of time, spirit and finances!

We would be very grateful if **you could donate to CAHN this evening and beyond**. Your giving will play a crucial part in enabling us to be a sustainable not-for-profit organisation leading on strategic engagement to ensure that the voices and experiences of Black people are placed at the heart of public policy and practice.

Please give generously: Caribbean & African Health Network

Natwest Bank | Sort Code: 01-07-71 | Account Number: 56527616

To learn more about the impact of our work on Caribbean and African communities across the UK, please head to **www.cahn.org.uk**

Thank you for joining us for a night of celebration. We hope you have a fantastic night!

Rev Canon Charles Kwaku-Odoi DL MFPH, Chief Executive Charles Kwaku-Odoi DL MFPH

OUR PATRONS

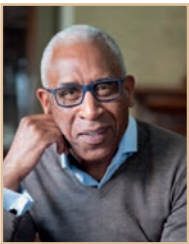
CAHN would like to take advantage of this occasion to express profound gratitude to our patrons for their steadfast commitment to our work and mission.

DEAN ROGERS GOVENDER MBE



The Very Reverend Rogers Govender MBE was appointed the Dean of Manchester in January 2006 after spending over twenty years as a parish priest in South Africa and Manchester. His role at the Cathedral has involved major fabric interventions and repairs as well as extensive change management of the outreach ministry of the Cathedral as Mother Church of the Diocese of Manchester. He has spearheaded outreach to other faith communities, the statutory sector and community groups. He is also a member of Our Manchester, the representative group responsible for setting the ten-year strategy for the development of the City of Manchester. In addition, he chairs the Challenging Hate Forum which was established over a decade ago. In recognition of his role in the City of Manchester and his inter-faith work, Dean Rogers was awarded a MBE in the late Queen's New Year 2018 Honours List.

LORD SIMON WOOLLEY CBE



Lord Simon Woolley CBE is a political and equalities activist. He is the founder and CEO of Operation Black Vote and was the Chair of the Prime Minister's Race Disparity Unit. Lord Woolley is the Principal of Homerton College, University of Cambridge. He became engaged with British politics, joining the campaign group Charter in May 2019. Lord Woolley and Operation Black Vote launched a ground-breaking report into more than 130 key local authorities that emphasised the lack of BME representation. Lord Woolley took on the role of CAHN Patron after three years of closely working with the CAHN Team. Lord Woolley said 'I am honoured to be a Patron of CAHN! Their ground-breaking work over the six years has offered insight to statutory bodies and empowerment to Black communities. There's much more to do, and I hope I can help!

PROFESSOR GEORGE E HOLMES DL



When he was appointed to the post of Vice-Chancellor and Chief Executive of the University of Bolton in 2005, George Holmes became the youngest university head in the UK. He is now one of the longest-serving Vice-Chancellors in Britain, having been in the post for over 18 years. George holds a Doctorate in the field of Education, a Masters in Business Administration and a BSc in Economics.

Professor Holmes is also a Fellow of the Institute of Directors. In 2002 he was appointed by the then Secretary of State for Education and Skills as an advisor to the Department, becoming, along with Sir Ron Cooke, one of only two Sector representatives for the Department's Higher Education Policy Delivery Steering Group, which was assisting in the preparation of the Higher Education White Paper.

In 2015, Professor Holmes was appointed by HM Queen Elizabeth II's Lord-Lieutenant of the County of Greater Manchester as one of his Deputy Lieutenants.

When appointed as a Patron of CAHN, Professor Holmes said: "Becoming a Patron of the Caribbean & African Health Network (CAHN) is an honour because CAHN is an organisation that is authentic in its mission to embed equity and social justice across structures and systems that disadvantage Black people. I am looking forward to supporting CAHN to achieve the vision of eradicating health inequalities for the Black community; this includes building on the multi-year partnership between the University of Bolton and CAHN."

JACQUELINE DUNKLEY BENT OBE



Professor Jacqueline Dunkley-Bent OBE, is the first Chief Midwife for the International Confederation of Midwives. She has a passion for supporting midwives and health systems to ensure that all women and gender-diverse people have the same maternity experiences and outcomes as those who have the best. She served for four years as the first Chief Midwifery Officer for the NHS in England and was one of two National Maternity Safety Champions appointed by the Department for Health and Social Care.

Jacqueline is a registered nurse and midwife and a visiting Professor of Midwifery at Kings College London and London South Bank University. She has held senior positions in clinical practice, education, leadership and management including: Consultant Midwife, Director of Midwifery, Head of Nursing, Senior Lecturer, Curriculum Leader, Lead Midwife for Education, Professor of Midwifery. She has supported the education of midwives internationally through conference contributions and publications. She acts as Chair of the Maternity Advisory Group for the Health and Race Observatory in England, is a member of the Women of the Year management committee, a Midwifery Ambassador for the 'Saying Goodbye' charity and until recently, a trustee for the Royal College of Nursing Foundation. In 2015, Jacqueline won the Health Service Journal's (HSJ) BME Pioneers Award and was selected from over 100 nominations for inclusion in the Nursing Times' Leaders list, which celebrates nurses and midwives who are pioneers, entrepreneurs, and inspirational role models in their profession. Jacqueline was awarded an OBE IN 2017.

In celebration of the 75th anniversary of the NHS in England in 2023, Jacqueline has just been recognised by the Nursing Times as one of 75 nurses and midwives who have contributed in a significant way to the NHS. She says: "My determination to improve health equity, is influenced by the vast and unacceptable inequality in health outcomes and experiences of Black, brown and socio-economically disadvantaged people. In my role as Patron for CAHN, I pledge to utilise my experience of health promotion, ill health prevention, equity policy and strategy, and maternity care to support CAHN in meeting its equity ambition".

MARK ADLESTONE OBE DL



Mark Adlestone is Chairman of The Beaverbrooks Group. Mark joined the company in 1979, became Joint Managing Director in 1990, sole Managing Director in 2000 and Chairman in 2012. Mark is the third generation of this family business.

Beaverbrooks currently have 81 stores nationwide (which includes three Loupe showrooms and 14 Monobrand Boutiques).

Some Highlights...

- Since 2004 to the present day, Beaverbrooks have been in the top twenty in the Top 100 'Best Companies to Work For', coming 1st in 2021 and 2009 (6th in 2022)
- In 2008 Mark was awarded the Best Companies 'Lifetime Achievement Award'
- Mark has won the Leadership Award on seven separate occasions.
- In 2020, Beaverbrooks were granted the 'Giving Something Back' Special Award.
- Beaverbrooks have been awarded the HM Government Payroll Giving 'Platinum Award' every year since 2012 and have won the Diamond Award every year since its inception in 2018.

In October 2015 Mark was honoured with an OBE for services to business and charity in the North of England. In March 2017, he was appointed as a Deputy Lieutenant of Greater Manchester and in July of the same year, Mark was recognised by the UK Jewellery Awards for his 'Outstanding Contribution to the Industry'. Between April 2019 and April 2020, Mark served as High Sheriff of Greater Manchester. In April 2019, he became a trustee of the Greater Manchester High Sheriff Police Trust.

In February 2023, Mark became Patron of the Caribbean & African Health Network (CAHN). He said at the time: "I have been supporting CAHN with my wife Gabrielle for at least 3 years now and I have observed and played a part in some incredible initiatives and events. I am delighted to be able to use my skills, business acumen, and networks to help CAHN grow and address the terrible health and wellbeing disparities that the Black communities experience here in the UK."

ABOUT CAHN

CAHN is a national, Black-led organisation well positioned to facilitate collaboration and partnerships and to create access opportunities for the private and the public sectors to work with Black communities across the UK.

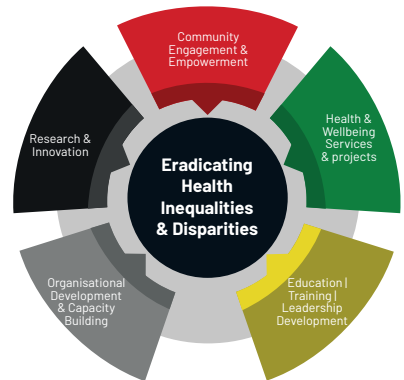
CAHN has reach to thousands of people from across the Black Caribbean and African diaspora. CAHN can help partners to achieve their goals whether this is for representation in research, recruitment, increasing uptake of health screening, and enhancing initiatives aimed at Black people for better health outcomes. CAHN is set up to address the wider social determinants and reduce health disparities for Black people of Caribbean & African descent in Greater Manchester and beyond. We work with the Black community and cross-sector organisations to build community resilience, relationships, and a social movement to reduce health inequalities.

CAHN's vision is to end health inequalities and wider disparities for Black Caribbean and African people in a generation.

Our mission is to ensure that the strategic and operational actions of service providers across health and cross sector agencies and commissioners, lead to racial and social justice for Black people.

CAHN's Objectives

- To work collaboratively with Caribbean and African faith and community organisations to strengthen their structures, and systems so that they can be responsive to meet the health and wellbeing needs of the community.
- To build partnerships across sectors and to be the point of contact between communities, voluntary sector members and commissioning agencies.
- To engage in continuous consultation, planning and evaluation to provide solutions to persistent health inequalities, and act as a direct point of contact with commissioners.
- To champion the work of the Caribbean and African community and promote its assets, efficiencies, and achievements.

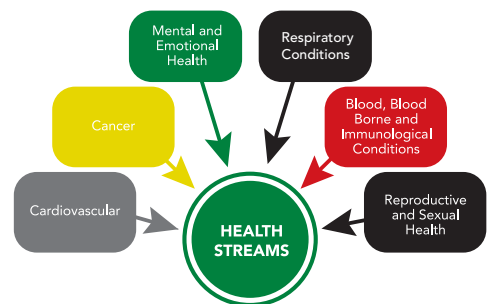


How we Work

CAHN is working to achieve the organisational objectives by delivering Health & wellbeing programme across six priority health conditions: Cardiovascular, Respiratory, Cancer, Mental Health, Immunology, and Reproductive & Sexual Health.

We effect change using a partnership approach with our stakeholders so that we remain current. Using this intelligence, we enable and deliver community engagement activities to reduce the wider determinants that influence poor health outcomes. In addition, we strive for change by providing tailored health training for community members and providers across systems and institutions. We provide cultural competency and anti-racist training plus allyship and inclusive leadership programmes.

Our reach into our communities enable us to gather the evidence base to influence, policy, research, and practice decision making. We have an operational arm within CAHN that responds to the needs of our communities in a racially, religiously and culturally sensitive way.



EVENT SCHEDULE / Date: 28th October 2023

Time	EVENT SCHEDULE ACTIVITY	
18.00hrs	Doors Open	
18.15hrs	Drinks Reception	Jazz Band
18.50hrs	Guests seated	
19.00hrs	Welcome Remarks Comperé	Mike Shaft & Sonia Joy
	Opening Remarks	Dr Faye Bruce DL (Chair, CAHN) & Rev Charles Kwaku-Odoi DL (Chief Executive, CAHN)
	Greetings from the Lord-Lieutenant of Greater Manchester	Carl Austin-Behan OBE DL, Deputy Lieutenant of the County of Greater Manchester
	Performance	Romario B & Band Artist
	Grace	Pastor Dr Samuel Okerenta
19.15hrs	Dinner	
	Speech	Dean Rogers Govender MBE of Manchester & CAHN Patron
	Speech & Award Presentation	<ul style="list-style-type: none"> • Public Sector – VCSE Collaborations • University – VCSE Partnerships • Inclusion & Diversity Team
	Fundraising Appeal Video – Advocacy and Family Services	Charles Kwaku-Odoi
	Motivational Speech	Anne Welsh, Painless Universal
	Award Presentation	VCSE/CAHN Collaborations Anti-racist Initiative Health Equity Campaign of the Year
	AUCTION 1	Charles Kwaku Odoi
	Award Presentation	<ul style="list-style-type: none"> • Volunteer of the Year • Unsung Hero • Leadership & Empowerment
	Performance	Romario B & Band Artist
	Raffle	Hosts
	Award Presentation	<ul style="list-style-type: none"> • Young Person of the Year • Young People’s Organisation of the Year • Student of the year
	Performance	Daliso Chaponda
	AUCTION II	Charles Kwaku Odoi
	Award Presentation	<ul style="list-style-type: none"> • Lifetime Achievement Award
	Special Recognition Awards	
	Vote of Thanks	Charles Kwaku-Odoi DL
	Dance floor opens	Romario B & Band Artist & DJ
1.00am	Close	

YOUR 2023 NOMINEES

Below are your shortlisted nominations. We are celebrating efforts and acknowledging a number of people and partnerships formed that have helped to prevent and improve the health and wellbeing in The Black community.

PUBLIC SECTOR – VCSE COLLABORATIONS

WINDRUSH DEFENDERS LEGAL CIC

HEALTH INNOVATION MANCHESTER

CVD PROGRAMME

UNIVERSITY – VCSE PARTNERSHIPS

University Of Bolton
Leeds Trinity University
Harrow-Watt University

VCSE/CAHN COLLABORATIONS

Recognition Award
Afrocats
Women of Worth
Nigerian Women's Group
RCCG Precious People Parish

ANTI-RACIST INITIATIVE

BAME Assembly
RCN
UNISON

HEALTH EQUITY CAMPAIGN OF THE YEAR

CAN Survive
Young Minds in collaboration with Poetic Unity
The Motherhood Group

VOLUNTEER OF THE YEAR

Edith Mhla
Florence Emelone
Audrey Pitterson

UNSUNG HERO

Marlene Stringfell
Keisha Adair Swaby
Mischa Macaskill

LEADERSHIP & EMPOWERMENT

Akeim Mundell
De Butterfly CIC
Ramone Blackett
Denise Douglas-Armstrong

YOUNG PERSON OF THE YEAR

Joyce Kapiamba

YOUNG PEOPLE'S ORGANISATION OF THE YEAR

Manchester Young Lives.
Manchester Got Talent Youth (MGTY)

INCLUSION & DIVERSITY TEAM

FreshStart Smart
Extra Readers Club
Diabetes UK

LIFETIME ACHIEVEMENT

Dean Rogers Govender MBE
Prof Carol Baxter CBE
Evelyn Asante-Mensah OBE

STUDENT OF THE YEAR

Hamzah Mullah
Osasu Egbiobe
Moises Indequi

CAHN AWARDS

CAHN Board – Staff Recognition Award

SPECIAL RECOGNITION FOR BRAVERY AND COURAGE

SOCIAL HOUSING RECOGNITION AWARD

SPECIAL RECOGNITION FOR SIGNIFICANTLY SUPPORTING CAHN - Prof George Holmes DL

Mike Shaft | Compère



Mike Shaft is now into his fifth decade as a broadcaster in the Northwest of England. He began his broadcasting career as a freelance presenter at Piccadilly Radio, Manchester in 1978. Mike remained with Piccadilly for 8 years after presenting a weekday show and becoming Head of Music in 1993, during one of the most successful periods in the history of the station.

Mike presented shows of every type but was probably best known for his soul show 'Takin' Care of Business' and his late-night romantic show 'Love can be fun'.

After leaving Piccadilly, Mike Joined BBC Radio Manchester as a soul music presenter in 1986. While working at Radio Manchester, Mike was offered a job on BBC Television co-presenting the BBC1 daytime programme 'Open Air'. Also, at this time, Mike was offered a daytime slot, presenting the afternoon drive-time show.

While at BBC Radio Manchester, Mike set up the Sunset Radio group which applied for and eventually won the Incremental Licence for Central Manchester.

Mike now presents a daily black music show on London based Colourful Radio.

Away from radio, Mike continues to present play-by-play for the Sheffield Sharks in the top tier of British Basketball. He also continues to present play-by-play for Leeds Met in the 3rd tier of England Basketball.

Sonia Joy | Compère



International emcee, event host, interviewer and moderator Sonia Joy energetically inspires audiences to connect to the heart of messaging at events and on screen. Sonia is a brilliantly articulate and thought-provoking speaker with a passion for communication and audience engagement.

Her warm authenticity shines through to live and virtual audiences, driving focus on key takeaways and elevating the audience's experience. Sonia's background as an actress and former communications director both in-person, virtual and hybrid event MC, presenter, host, and scriptwriter creates the perfect blend of skills for connecting with

attendees.

Facilitating with passion and compassion, Sonia moderates panels and sessions with warmth and depth, creates excitement, improvises with humour, personalises content, and weaves in themes and key messaging for each session, speaker, award and event.

A Bachelor of Science in Biological and Biomedical Psychology with Honours from Manchester Metropolitan University gives Sonia a sharp and quick understanding of human interaction. Sonia is also a practicing nursing professional with an upper second-class honours degree in Children's and Young People's Nursing from the University of Salford.

Romario B & Band | Artist



Romario was born and raised in Manchester with a heavy gospel influence. He grew up in church where his love for music begun. Praise and worship was the best and most relatable part of church. Singing was the one thing he felt; so with enough convincing and encouragement, he began to take his craft seriously, channelling the soul and legends such as Stevie Wonder, Luther Vandross, John Legend and many more. In his more recent years, music became more purposeful. Singing became a way to communicate with different musicians, singers and even audiences.

Daliso Chaponda | Stand up Comedian



With over 300 million views of his stand up online, Daliso shot to fame on Britain's Got Talent, becoming a finalist in the 2017 series and establishing himself as a firm favourite with the judges and the British public.

Since then, Daliso has gone on to become a TV and radio regular with his many appearances including *Celebrity Pointless* (which he won), *The Royal Variety Performance*, *The News Quiz*, *Just A Minute* and *The Now Show* (BBC Radio 4). Daliso is also a regular guest on *QI* and *The Apprentice: You're Fired* (BBC2).

Daliso is also the writer, creator, and host of his Rose d'Or nominated BBC Radio 4 show *Citizen of Nowhere*. He has performed around the world and at the Edinburgh Fringe, Melbourne, Singapore, and Cape Town comedy festivals. He has also toured the UK twice to sell out audiences and rave reviews.

In December 2021, Daliso made his pantomime debut as the principal comedian in *Aladdin* at the Redhill Theatre in Surrey. In addition to doing stand-up comedy, Daliso is a prolific fiction writer. He has published science fiction, murder mysteries and fantasy fiction in numerous magazines, and anthologies. He is currently working on his new novel and a children's book.



Fundraising | CAHN Advocacy Service

CAHN's Advocacy Support Service aims to improve the lives of Caribbean and African children, young people, and their families. It is a confidential and safe service that provides culturally sensitive and racially tailored support for vulnerable Caribbean & African families who disproportionately face a range of complex issues and challenges.

Currently, there is a high demand on the service, hence an extended waiting list as we are oversubscribed. This demand exceeds our capacity to respond to new cases promptly. Between January to September 2023, we received 147 new referrals into the service: pointing to the need of the service within the community. We require more case workers to deliver our interventions and support the vulnerable clients. Our aim in raising funds is to enable us increase in capacity of our case workers so we support more people in a timely manner. Our provision support clients with complex and non-complex cases which could be 10 sessions or more. Supporting a client with a non-complex issue cost about £75 per hour.

Our clients get:

- One-to-one support sessions (face-to-face or online)
- Language support for those who do not have English as their first language.
- Support with written communication to external organisations and service providers (e.g., Housing, Local Authority, Police, etc.)
- Accompanied to meetings with agencies (e.g. social workers, social landlords, opticians, job centre, employers, etc.)
- Guidance and support in navigating mainstream and public systems (e.g immigration processes)

A client's testimonial

"I was being abused by my now ex-husband who threatened to take my baby girl back to Nigeria. He beat me up and I was pregnant. I ended up in a women's refuge and I was there until my baby was born. I could not get access to my 2-year-old baby girl because of my husband who also threatened me because my stay in England was dependant on his visa. CAHN intervned and now I have my baby back and I am with my 2 children. I am so grateful to CAHN who also helped me with my mental health and in court with my immigration papers".

The range of cases and support we provide include:

- Family support with social services
- Housing & Housing Adaptations
- Disability Welfare Benefits
- Social Care Packages
- Legal/immigration support

A Big Thank you to you!

Many of you have generously donated a range of items for our raffles and auction. We have also been supported by individuals and organisations who have generously donated tickets to enable us to have a host of people celebrate the night with us and/or receive their award. Our heartfelt thanks to all those that are not mentioned that may give after the publication of this brochure.

RAFFLE and AUCTION PRIZES

Please see below a selection of some of the raffle items on offer

- 2 CMN Magical Books – Carol May Nelson
- 2 signed Jerseys, Seedorf Football Development
- 2 Sip N Strole Party Vouchers
- A Hydra Facial Treatment - Elo Lemos Clinic
- A Laser hair removal (bikini & armpit) Treatment - Elo Lemos Clinic
- 2 Gents' haircuts – Steve Unisex Salon
- 3 Branded 'REPLAY' Hats & Scarfs
- A Hair treatment - Eze beauty
- 2 Focus lane Books - Sandra Smith
- Portraits by Kahran
- A Greeting Card – Theblackcardcompany
- £30 Food and beverage voucher – The Village People
- A 1-hour karaoke experience - Kadeena Davies
- 6 Books – "Outsider" by Samuel Kasumu
- 4 Sweet White Wine
- 4 Cava Brut Fruit Wine

AUCTION ITEMS



Adidas Manchester United Men Football Home Shirt
(2021/2022) signed by Alejandro Garnacho and Fred

£300



Puma Manchester City Men Football Home Shirt
(2021/2022) signed by Ederson Moraes

£300



DSquared2 Manchester City Baseball Cap

- Cotton Gabardine Baseball Cap
- "Dsquared2" Lettering On The Back
- Front Embroidered "Manchester City" Logo Patch
- Rear Adjustable Strap

£200



DSquared2 Manchester City Denim Shirt

- Stretch Cotton Denim Shirt
- Regular Fit
- Used Wash
- Button-Down Collar
- Concealed Button Closure
- Buttoned Cuffs
- "Dsquared2 For Manchester City Limited Edition" Print



£500



Manchester City Bomber Jacket

- Nylon Bomber Jacket
- Regular Fit
- Two-Way Zip Closure
- Bomber Collar
- Side Pockets
- Ribbed Collar, Cuffs And Hem
- "Dsquared2" Print On The Chest
- Rear "Manchester City" Maxi Logo Print



£1,500

Smaj, Experience Fine Dining from Home

About the Chef - SMAJ Foods is the brainchild of chef Samson, with a career spanning over 20 years, his passion for quality and food excellence began in the picturesque town of Auchterarder, Scotland.

Perfecting his skills with the Michelin star restaurant in Gleneagles Hotel. Chef Samson has now established one of the quickest and most highly anticipated private dining experiences in the.

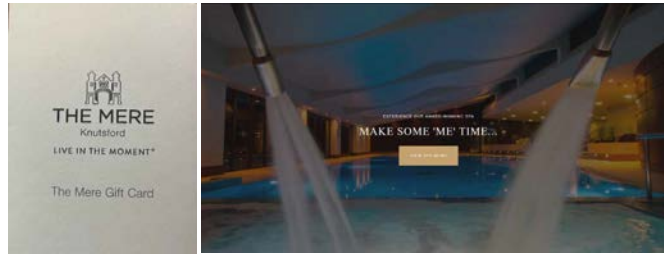
A fine dining experience for up to 6 people in a location of your choice. Smaj will come to your home or to a location of your choice to bring this ultimate fine dining experience. For locations beyond an hour travel from Manchester Central will incur additional costs.

Starting bid - £390.00



HEALTH CLUB & SPA

An award-winning Spa and Health Club facilities offer the perfect mental and physical escape from the outside world. Includes six luxury treatment rooms, a heated indoor swimming pool and premium spa facilities. SPA treatment and club offer for two people.



Bid from £250

Enjoy an 18 hole, 6,882 -yard, par-71 course at The Mere which was designed by James Braid, and created out of 150 acres of Cheshire parkland in 1934. Today, the Championship course holds the reputation as one of the best maintained and highest quality golf courses in the North of England -



Bidding starts at £399.00 for a day of golf

Bidding starts from £900 PP

Dubai doesn't do things in half measures. This dramatic metropolis brings together elements of the cosmopolitan and coast on the cusp of the Arabian Desert. Record-breaking attractions and miles of breathtaking beaches are just the beginning.

Prepare for paradise and then some. Soaring skyscrapers sit alongside idyllic beaches under the glow of year-round sun. It's a heady mix of contrasts, where you could just as easily be taking in the views from the top of the world's tallest building, as chilling under the pointed eaves of a mosque.

Spend 5 nights half board in this amazing city which is both desert and ocean, shopping malls and much more. Flights from Manchester or other airports can be selected if preferred. Dates of travel between February and July 2024.

Red Sea holidays offer golden sand beaches and superb diving and snorkelling opportunities over stunning coral reefs. Be in with a chance to win this 7 night half board holiday -

Bidding starting from £700 PP.

Flying from Manchester or other preferred airports across the country between February and July 2024



Dubai



Egypt

We would also like to extend an enormous thank you to all our donors, who have donated raffle prizes and auction items.



Sponsors and Supporters



ADVERTS and CAMPAIGNS

Do you dream of making a real difference in healthcare? 🤝

At Leeds Trinity University, the Nursing degrees set you on the path to a fulfilling career. Co-designed by experts and practitioners, this programme ensures you are ready to lead and care with compassion in diverse settings.

You will learn in specialist facilities, and benefit from intimate class sizes and hands-on support.

Apply today and start your studies in January 2024 – find out more by scanning here:

<https://ow.ly/CIEX50PQFCv>



Did you know that black individuals have a higher risk of Type 2 Diabetes? It's time to tackle this challenge head-on!

Understanding your risk factors is the first step towards a healthier future. Change doesn't happen overnight, but it starts when you make informed decisions about your well-being. Your health matters, and we're here to empower you!

Explore the impacts and risks of Type 2 Diabetes by visiting <https://www.nhs.uk/conditions/diabetes/>

Understand your risk profile within a few minutes and without leaving your home here:

<https://riskscore.diabetes.org.uk/>



Spread the word protect your loved ones! #DiabetesAwareness #CAHN



Are You the Giving Type?



Save lives: Become a Blood Donor.
Your donation is a lifeline for the black community.
Ethnically matched blood matters!

Register today! #GivingType

There are so many ways that you can help others. One way is by donating your blood.

We invite our community to sign up to become a blood donor!

By donating blood, black individuals can directly contribute to providing life-saving transfusions for those battling with sickle cell condition.

Become a blood donor now scan here:



#GivingType
#GiveBlood



Fertility, Specialist Gynaecology, Advanced Endoscopic Surgery.

Reproductive Healthcare Specialist offering:

- Cutting-edge yet individualised and affordable private reproductive healthcare
- Full range of fertility treatments from screening to assisted conception using own/donor eggs/sperm and surrogacy treatment
- Wide scope of specialist gynaecology services including advanced laparoscopic and hysteroscopic surgery
- Endometriosis specialist treatment

INNOVATIVE. SENSITIVE. CARING.



0161-244-8623

info@aurorahealthcare.co.uk www.aurorahealthcare.co.uk

inspire

Supporting the health of
Black Londoners

The London **inspire** Programme is specifically developed to raise awareness and promote targeted interventions aimed at reducing health disparities faced by Black people in London.

The London **inspire** Programme seeks to:

- Improve health awareness
- Facilitate community events & health screening
- Highlight best practices
- Community Asset Mapping
- Share key health resources
- Facilitate structured engagement with the Integrated Care Systems



Contact us at hello@inspireblackhealth.london
www.inspireblackhealth.london

Lead Partner **CAHN**
Community Asset Health Network
London

Funded by **NHS**



The Caribbean & African Health Network would like to take this opportunity to say thank you for attending this flagship event.

For further information contact:

info@cahn.org.uk

www.cahn.org.uk

Telephone: 07710 022382

Follow us on:

Follow us on  @cahnuk  @cahnuk  @cahn_uk  @cahn_uk  cahn.uk